

The AHS Weekly

Vol XLVIII Issue 4



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The AHS Weekly welcomes your questions, comments, and opinions. To submit a letter to the editors or join the staff, contact Barbara Leary or come to the Mac Lab (105) any Wednesday or Thursday after school. Send articles and comments to ahsweekly@gmail.com.

We are giving away the newspaper for free until further notice. We are doing this because we want to know if we need to make changes, or if you just don't have a quarter. No, we do not take Venmo!!



Quote of the Week :

"When the space base is down, we'll find a way around." - AHS Weekly

Vol XLVIII, Issue IV

Established 1979

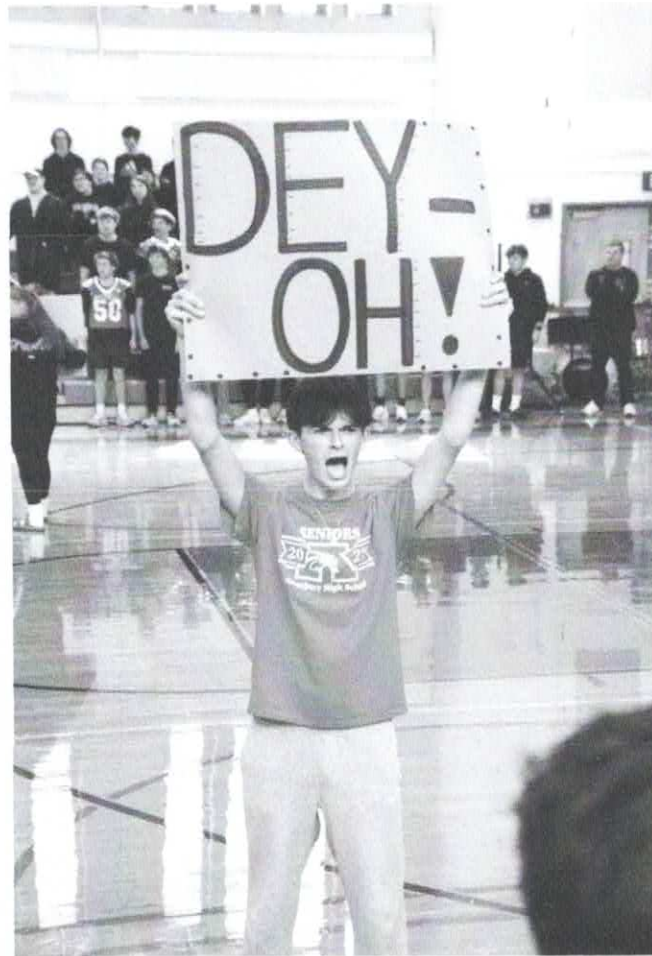
Free

October 2, 2026

AND THE WINNER IS...

Last Friday, students gathered in the Amesbury High School gym to demonstrate their school spirit. They participated in some friendly competition between the grades at the 2026 Welcome Back Rally. Students look forward to this event every year because it gives them the opportunity to demonstrate their skills in various high energy activities. The goal is to see which class has the most spirit. Some of the events require luck, others skill, but all require collaboration, enthusiasm, and fun.

This year's event was organized by the Student Council E-Board and it did not disappoint. Mr. Horst graciously accepted the role of announcer and did an amazing job despite the short notice he was provided. We hope he enjoyed the role as much as we appreciated his incredible performance and will consider hosting again in 2027. Mr. Horst kicked off the event with Opening Ceremonies introducing himself and announcing this year's judges. The judges table was composed of the seasoned Mr. Brown and two first timers, Mr. Cleary and



Leo Fonseca leads the senior class in one of the many energizers of the day.

Mrs. Little. They, collectively, did an excellent job ensuring all competitions were fair and that this year's winners earned their title.

After a stellar performance of the national anthem by Andrew Roberts, the Student Council led us in some fun activities to raise energy levels for the main attraction. With adrenaline at its peak,

it was time for the games to begin.

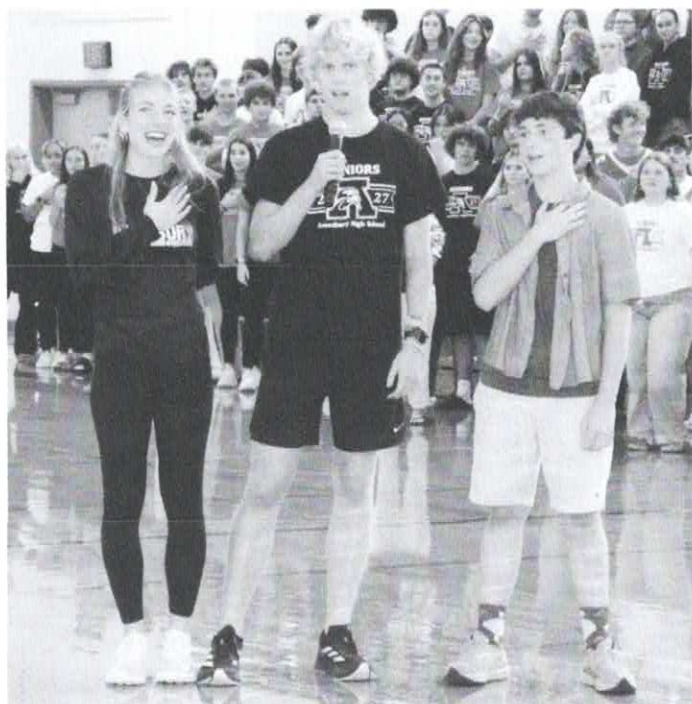
The Student Council went to great lengths to ensure this year's event included a lot of new games. Some of the events enjoyed by students were Pool Noodle Jump Rope, Knockout, and Tic Tac Toe. A favorite was the Balloon Snake game inspired by Slither IO. In this event, students work together to cross the gym holding balloons between their bodies. The seniors really showed their synergy here taking the top score from all three judges. They did not fare so well in Captain's Coming, however. Top score for this event went to the Sophomores. The Junior class showed off their amazing jumping skills by taking first place in Pool Noodle Jump Rope. And, while not winning any specific event, the Freshman showed their cohesiveness in the Pizza game and Captain's Coming.

So, which class demonstrated the most spirit at the 2026 Welcome Back Rally? Our beloved seniors, of course! Congratulations, seniors! You may have taken first place, but the rally was really a win for the entire school.

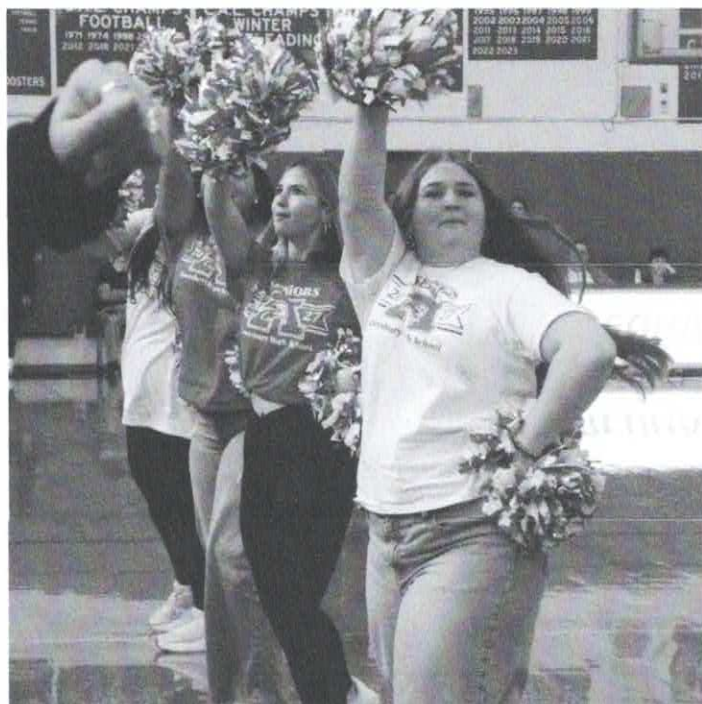
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SCHOOL SPIRIT

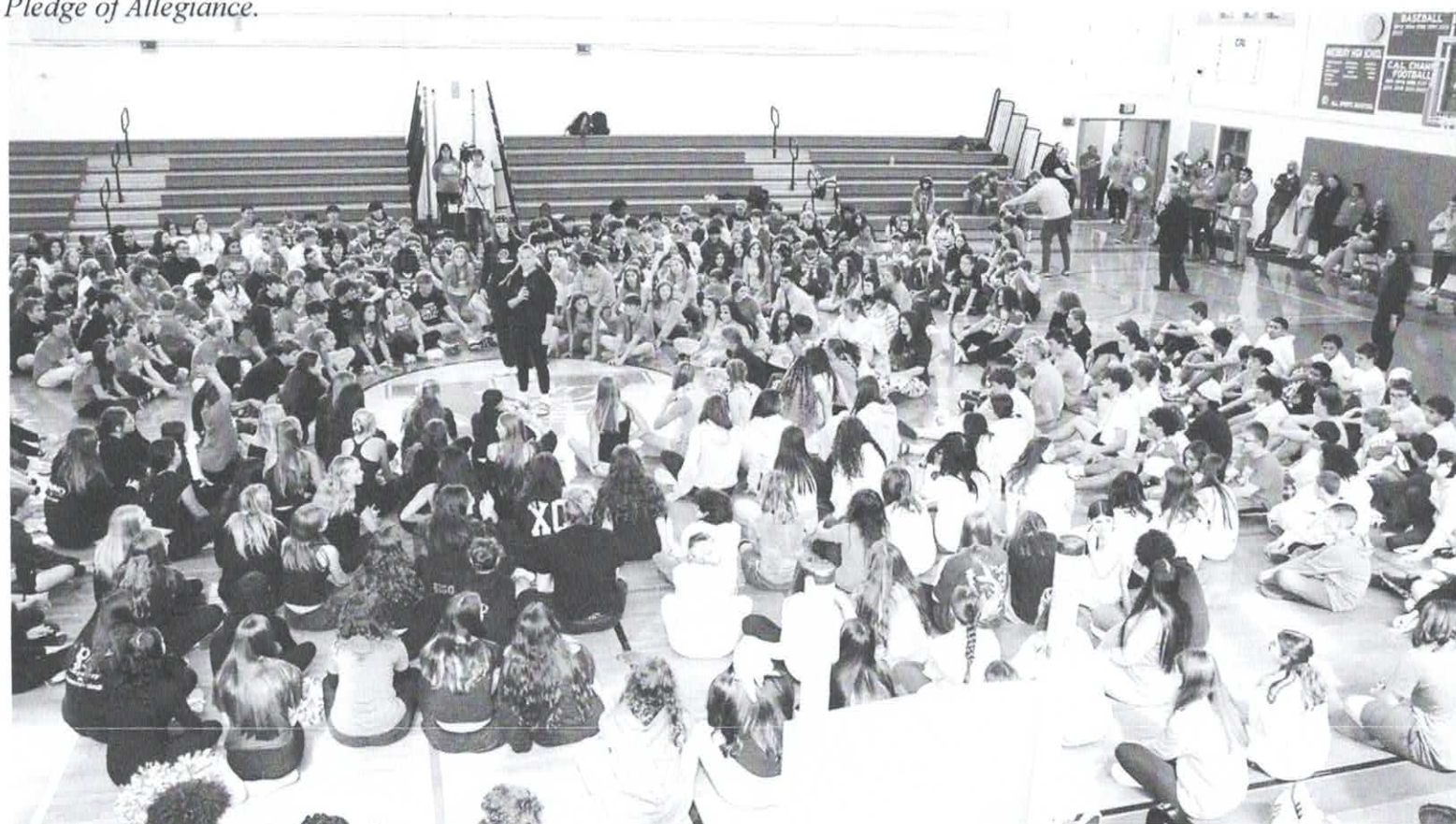
Welcome Back Rally



The AHS Class Presidents lead the school in the Pledge of Allegiance.



The senior cheerleaders lead Come on Red & White.



The entire AHS student body participates in the Oklahoma Clap.

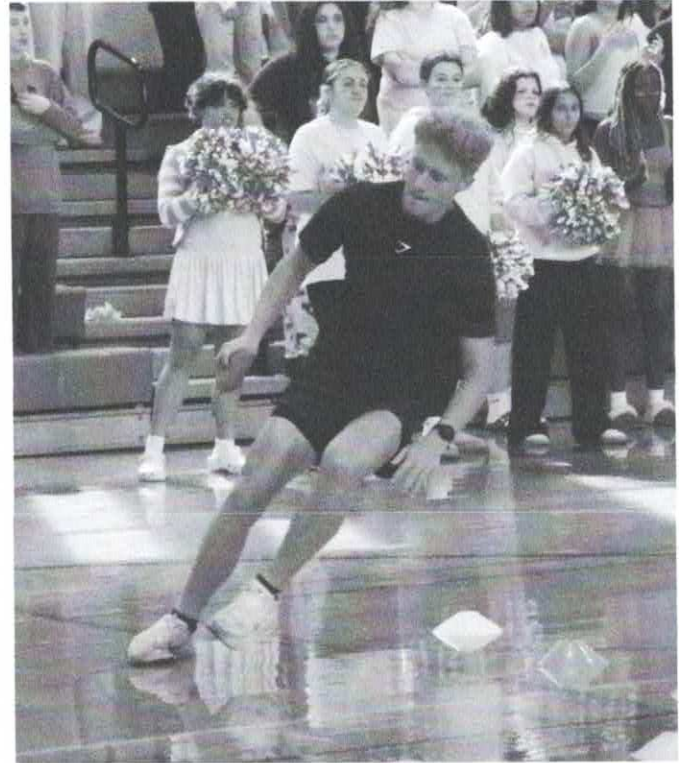
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IN THE CLUB(S)

Welcome Back Rally



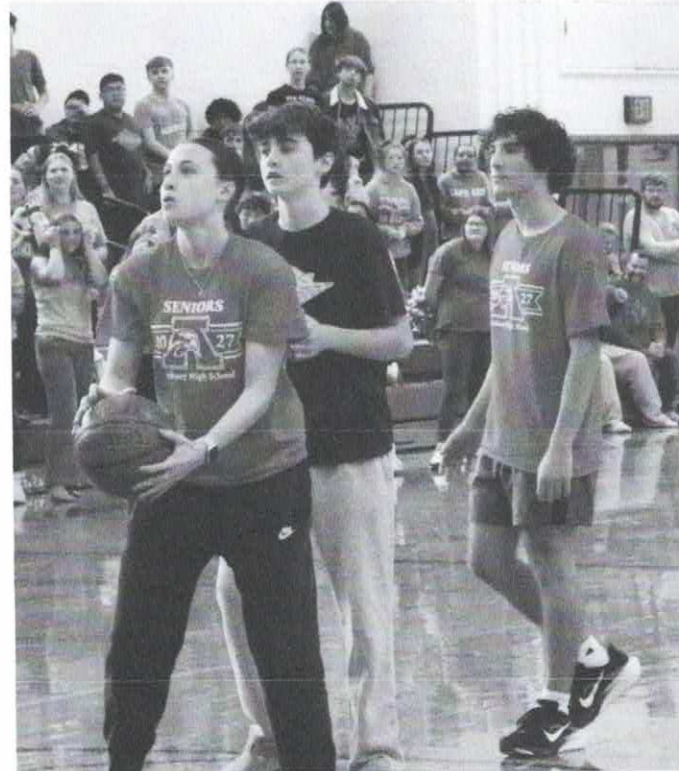
The seniors participate in a new rally game, inspired by Slither.IO.



Landon Mitchell sprints during tic-tac-toe.



The sophomores are all smiles!



The knockout players are locked in.

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IN THE CLUB(S)

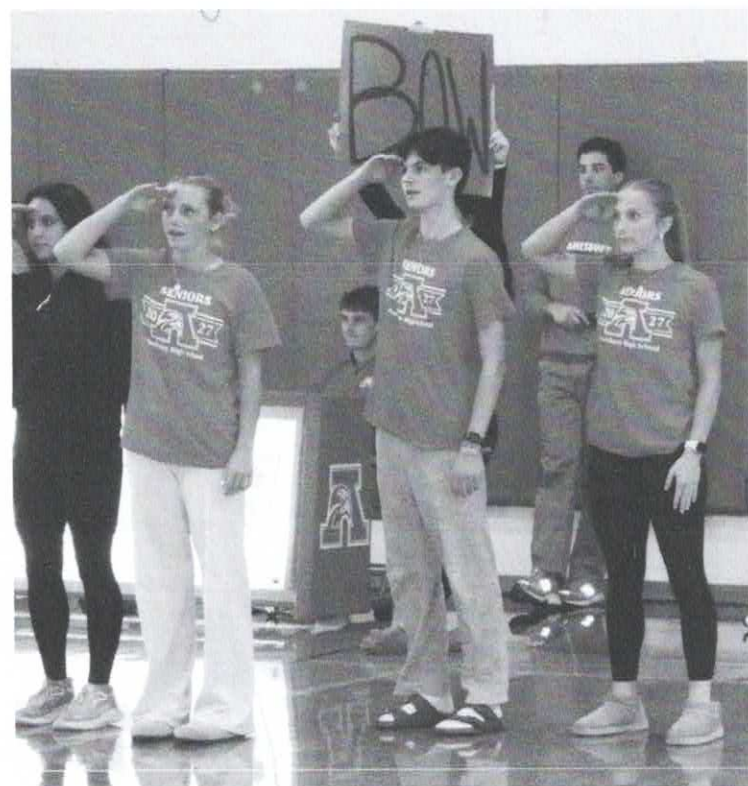
Welcome Back Rally



Boys participate in another new game, "the Pizza Box Game."



Giana Franjul-Soto and Chase Tuneburg face off in the cone game.



The seniors are focused during "Captain's Coming."



Liv Jusfredo leads the school in an environment.

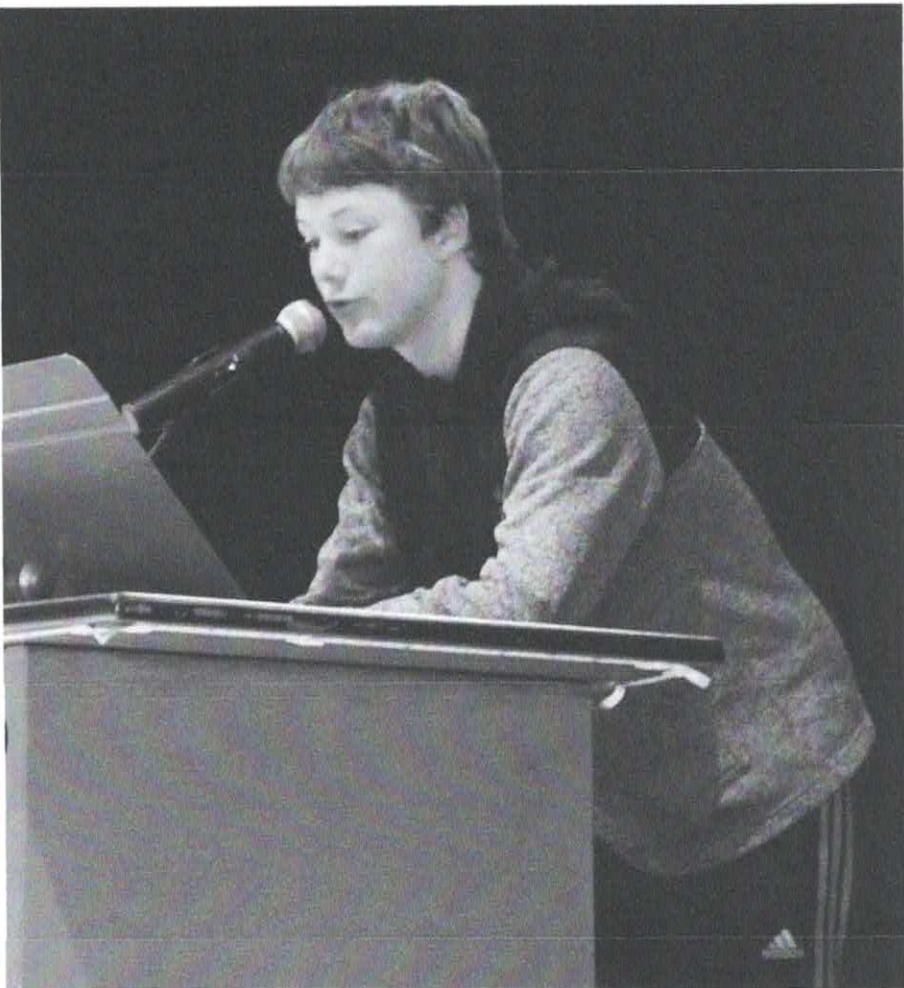
NOT MANY CANDIDATES

Freshmen Elections

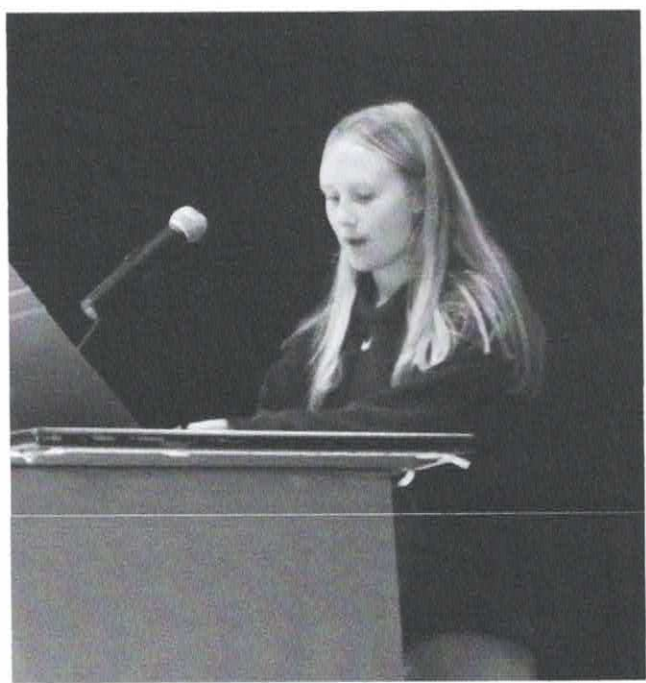
The freshman class elections were held this past Monday in the auditorium, run by Student Council VP Brooke Woodsom, assisted by President Liv Jusfredo. Due to a lack of communications, Woodsom was never given the list of kids running for office, but she managed to pull off the election anyway by taking down names of the kids running.

There were four candidates for president. The winner turned out to be Ethan Sheridan, who came with a crew of screaming freshman boys for support. Despite that, he gave a decent speech about what he wanted to accomplish. There were two candidates for vice president. The winner was Pedro Almeida, who also had his fan club of screamers, but Woodsom kept things under control. Almeida, from Brazil, paced the stage bragging about being able to speak without notes. The only candidate for treasurer was Sofia Pouliot.

No one ran for secretary, member at large, or the student advisory council. Woodsom announced that there would have to be another election to fill those positions.



Ethan Sheridan successfully runs for president.



Sophia Pouliot was the only candidate for treasurer.



Ruby Kobel runs for poresident.

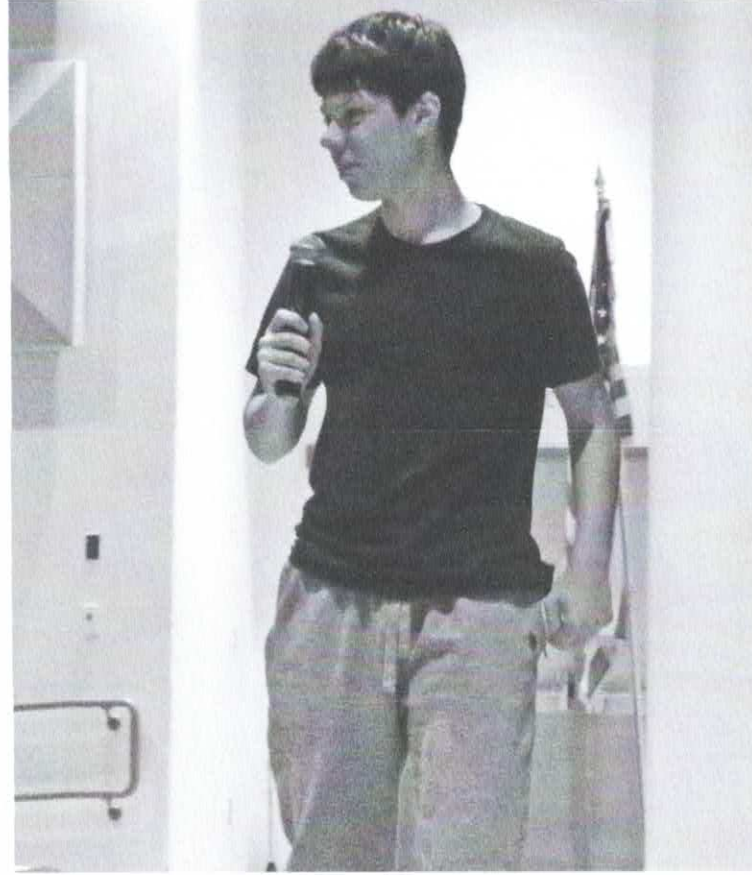
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NO SECRETARY OR MAL

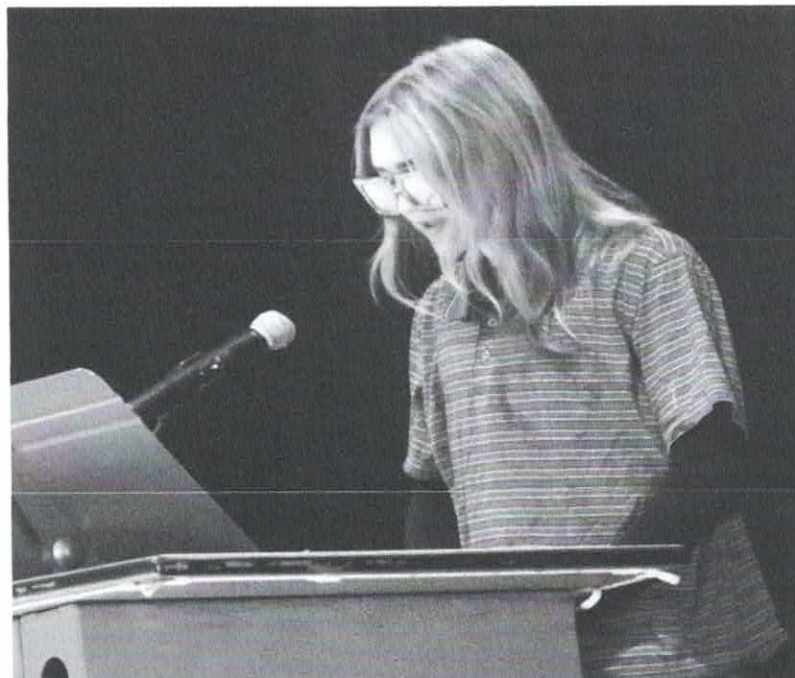
Freshmen Elections



Vivi Ferreira runs for president.



Pedro Almeida paces the stage as he talks about his qualifications for vice president.



Seguin Weeks describes what she would do as president.



Delia Lanik gives the VP race a shot.

LILAC FRONTIERA

Senior Profile

By Dom Beane

Lilac Frontiera is another one of the lovely AHS seniors graduating this spring! Lilac has played several different sports at AHS and is involved in the Partnership of Amesbury Community and Teens. She is also a member of the National Honor Society. She's a proud Cashman graduate, and has loved growing up in Amesbury because it has meant that she spends time with the same kids who have been together and known each other since elementary school. She has so many good memories



with her friends and classmates. Her favorite is the eighth grade New York City trip where she got to see Time Square, Broadway, Wall Street, and the Statue of Liberty with her friends Hope, Leo, Sofie, and Carrington.

Lilac loves to go shopping at the mall. She always finds new clothes to buy, which is her favorite thing to spend a little too much money on. She also loves spending time with her friends and going out. One of her most prized possessions

is her beautiful white GMC Pickup truck.

After high school, Lilac wants to go to college somewhere sunny and warm. She is thinking of eventually attending law school and becoming a (very highly paid) lawyer. Her dream is to live in a huge mansion with no kids. Lilac wants all the underclassmen to know that high school is not your whole life and there are so many other wonderful experiences to be had! We wish Lilac all of the best experiences this year and afterwards!

NOLAN SWIRKA

Senior Profile

By Dom Beane

Nolan is a man of many talents and interests. He likes to skateboard, sew, snowboard, surf, code, and he loves music and finance. If he could have any superpower, it would be unlimited energy so he can do all of the things that he loves, but it seems like he's already doing just that. He has turned his love for skateboarding into a business, giving lessons at different levels, and is even a member of Amesbury's Skateboard Park Committee.

Nolan also loves to spend time listening to music. His favorite band is The Beach Boys, especially *Don't Worry Baby*. If he could meet anyone in the world, it would be their founding member Brian Wilson. Nolan's love for music is so great that if he could wish for anything he would choose a recording contract and spot in a



SENIORS

famous band.

At school, Nolan runs spring track which has been one of his favorite parts of school. He loves Ms. Fuller because she is always kind. One of his favorite classes has been AP Psychology because it is interesting and is always a good time with Mr. Brandwein. His favorite school year was junior year. Some of his best memories of high school are of playing music during

WIN. He appreciates his classmate Norman Orlando for always bringing good vibes to school. He also thinks that Brody Turner, another classmate, is the best looking person he's ever met.

When Nolan was young, he dreamt of being an astronaut because he was fascinated by space. Now, he dreams of working in New York City and skating at the LES Coleman Park. After high school, he plans on going to college, joining a band, and learning more about finance and business. He wants to keep practicing his hobbies, and with his open mind and curiosity he will surely pick up new ones. If he could give a message to his younger self, he would say to never give up and never stop trying.

TRYING HARDER

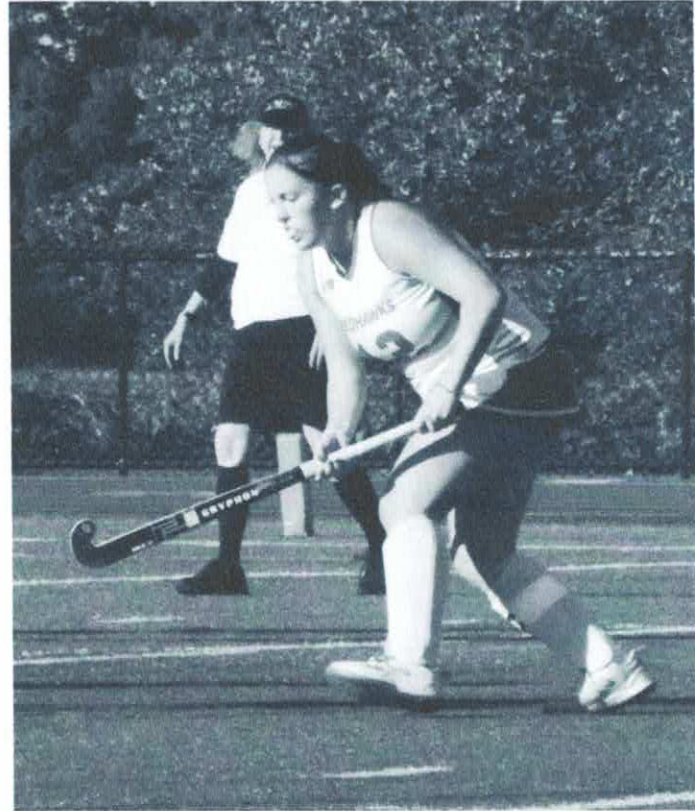
Field Hockey

By Addi Jurta

Another hard loss fought for Amesbury as the team battles until the end last night at Pentucket High School. Amesbury started off strong with the new coach, Beth Noseworthy, stepping up to coach, keeping the score of the game 0-0 in the first quarter. Amesbury was already down going out due to being short for subs as two players were out on injury restriction.

Entering the second quarter, Pentucket earns a multiple goals, but later sophomore Charlotte Kime scores in an offensive corner, setting the score to 2-1. Defense stays up with numerous saves and senior captain Hope Shanahan takes the ball past Pentucket defenders and up the field time and time again. Sofia Le, senior captain, makes numerous offensive attempts in and before the circle, keeping the game fast paced and competitive. Unfortunately, one more goal was scored by Pentucket in the final quarter, leaving what would be a final score of 3-1.

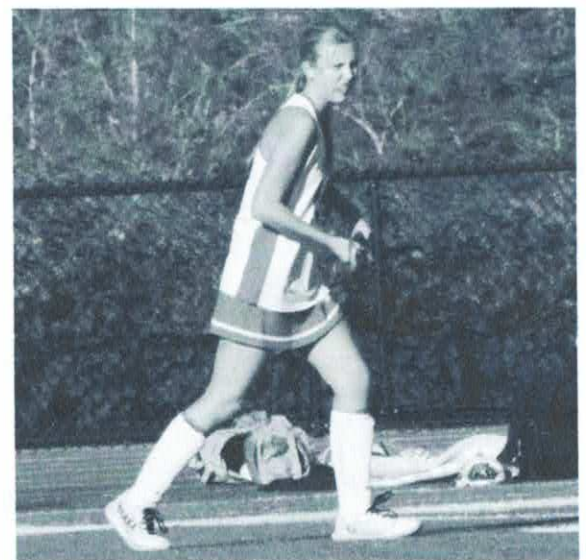
In total, junior goalie Shelby Massey ended the game with 41 saves in total, and was also assisted by numerous saves from defensive players Liv Jusfredo (jr), Charlotte Kime (soph), Brooke Woodsom (jr), and Addy Cooper (sr captain). The team anticipates to play Ipswich away on Thursday, October 1st. Their record is 1-5-1.



Addy Cooper goes after the ball.



Amesbury defends the net.



Addi Jurta watches the play.

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NEW COACH

Field Hockey



Hope Shanahan controls the ball.



Liv Jusfredo is determined.



Lucy Nachtygal runs with the play.

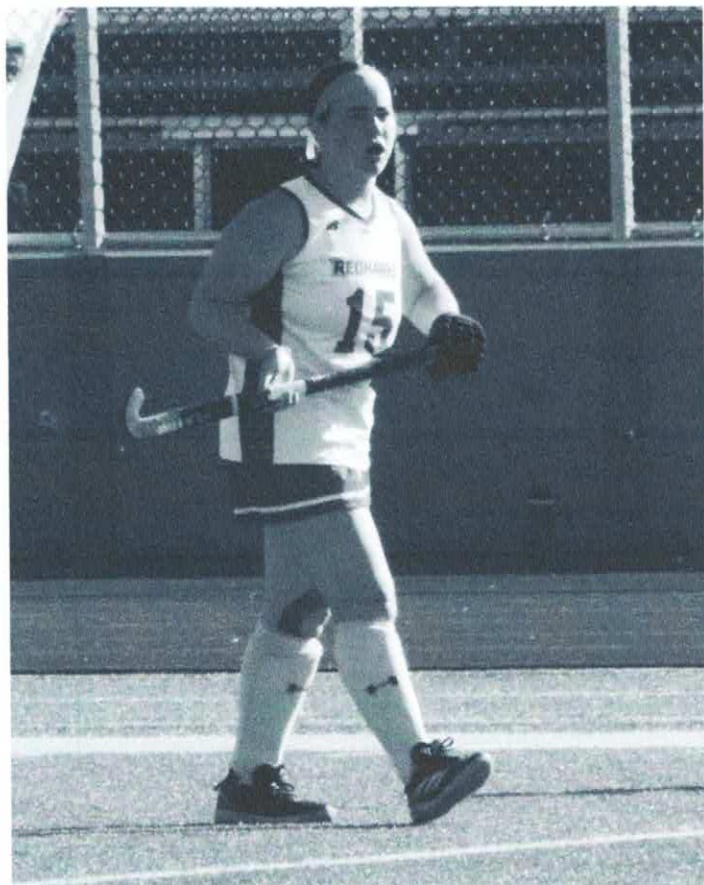


Charlotte Kime goes after the ball while Harley Kusler watches.

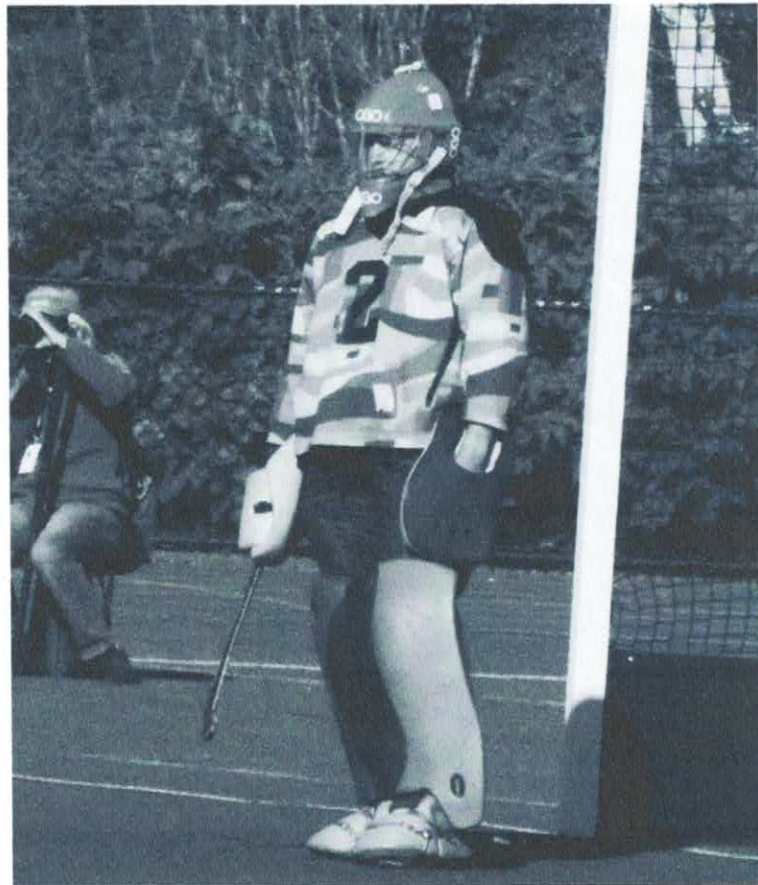
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WIN – LOSS –TIE

Field Hockey



Addi Jewett plays defense.



Shelby Massey wishes her team would win.



Anna Shoukimas advanced the ball.

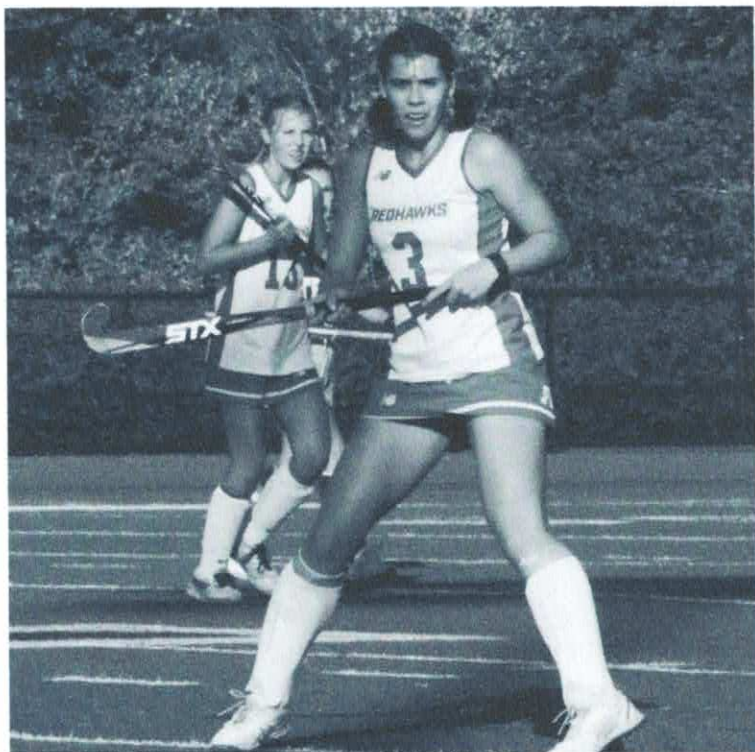


Sofia Le runs with the play.

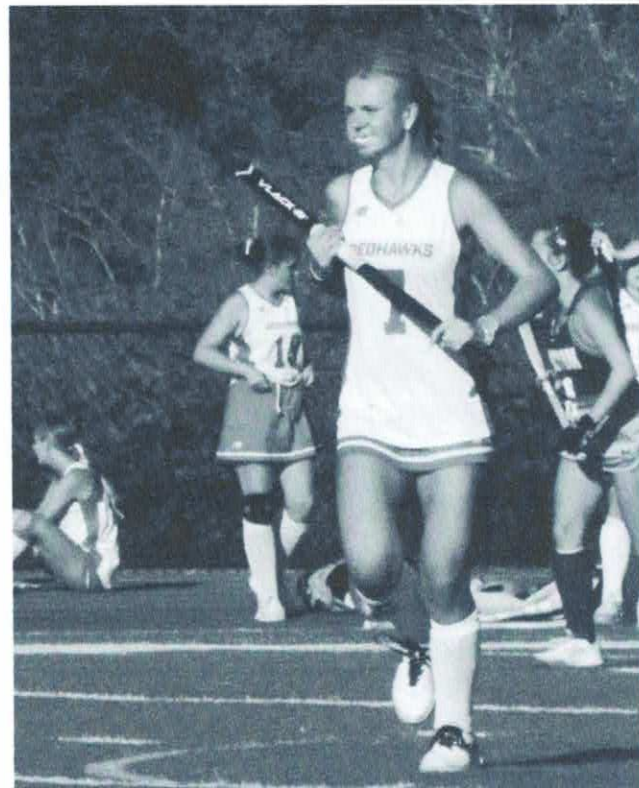
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KEEP ON TRYING

Field Hockey



Charlotte Kime waits for the ball.



Lucy Nachtygal looks for an opening.



Hope Shanahan has the ball.



Addy Cooper reaches for the ball.

BURY BALL WINS AGAIN

Football

The Redhawks brought their record to 2-1 with a 22-20 win over Portsmouth NH in a nonleague game Friday night at Landry.

One thing about Portsmouth - they are big. They shut down many Amesbury runs on pure strength. They also have a decent passing game. What they didn't have is Joe Puleo, who scored all 22 of Amesbury's points, ran for 163 yards, and is faster than a bullet if he finds a hole.

Amesbury kicked off and Portsmouth ran the ball back 60 yards on the second play of the game. Portsmouth is a kicking team when it comes to the PAT, whereas Amesbury always runs the ball. That proved the difference in this contest.

With the Clippers ahead 7-0, the Redhawks started to just grind out yards. Puleo took the ball in from the 5 yard line but the PAT attempt failed. Kicker Mike Olbrot was sending the ball 50 yards or more every time, but Portsmouth returned every kick off to around the 40. Their next drive didn't get far, however, and Amesbury received the kick on the 14 yard line. Puleo proceeded to run it back 86 yards. Puleo also scored the two points. It was 14-7 Amesbury after the first quarter.

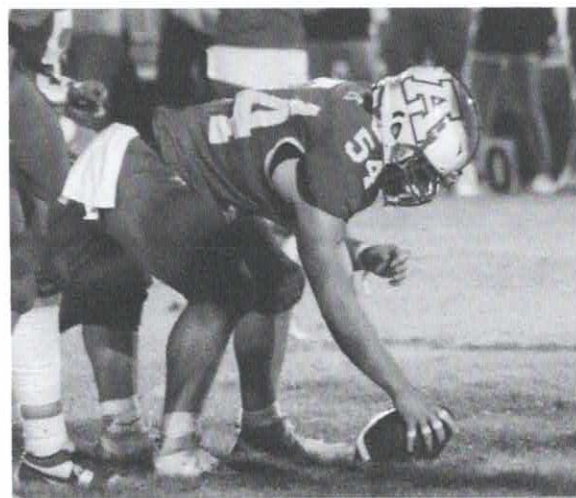
Portsmouth scored with 3 minutes left in the second and kicked the extra point. Amesbury threatened at the end of second period and Olbrot tried a field goal, something we have not seen from Amesbury in years. It failed. At the half it was 14-14.

There was no scoring in the third, but after Portsmouth muffed their punt, Amesbury was now on the Clippers 31 yard line. Despite this great field position, the Redhawks couldn't grind it out. Olbrot tried another unsuccessful field goal, but Amesbury got new life as Portsmouth was called for roughing the kicker. Puleo ground out the final 5 yards on two plays and caught a nice pass from Dylan Eric for the extra two. It was now 22-14 Amesbury.

A lot happened in the final six minutes. Olbrot's on-side kick attempt failed. Portsmouth scored on pass plays but was now faced with having to go for two. That didn't work so it was 22-20 Amesbury. Amesbury would normally be able to grind out the final three minutes but couldn't. Portsmouth was hanging tough and took the Scialdone punt. With 21 seconds left they were on the Amesbury 30. The Clippers went to the pass but that wasn't working. With 14 seconds left their pass was intercepted by Jayden Davis in the end zone. The clock ran out.



Joe Puleo carries the ball.



Ryan Houlihan is the center.

THE JOE PULEO SHOW

Football



Chris Iandolo charges forward.



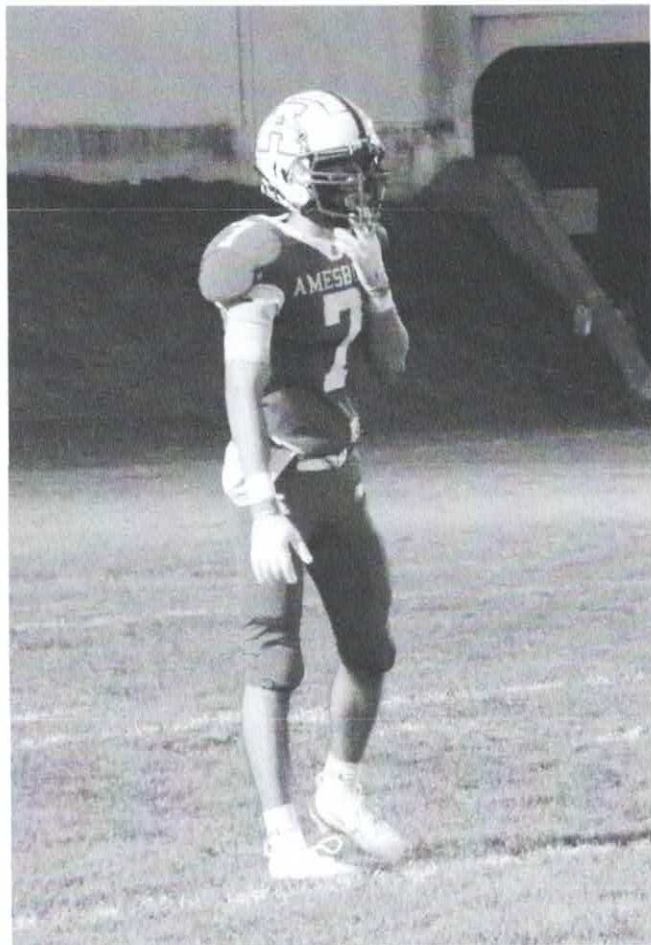
Mikey Olbrot instructs his kicking team.



The cheering section responds to the challenge.

DON'T GIVE UP

Football



Collin Cate plays defensive backfield.



Ryan Houlihan is ready to play.



The band returns to Landry Stadium after many years.



CJ Reviere is an impressive freshman.

DETERMINATION WINS

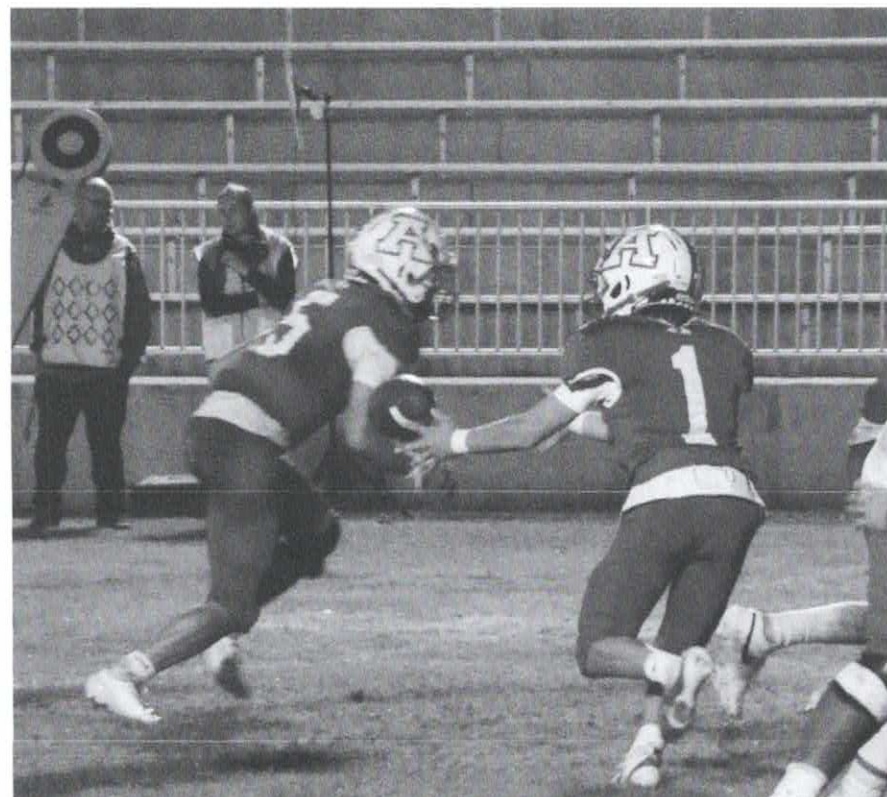
Football



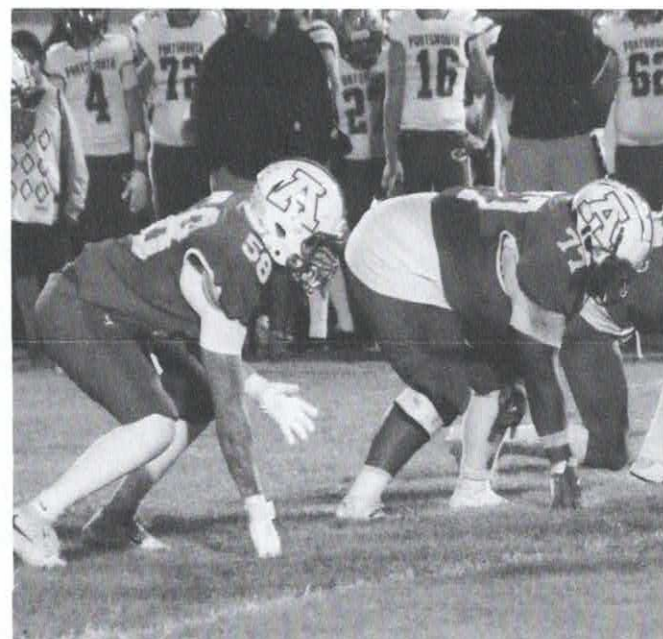
The offensive backfield consists of Joe Puleo, CJ Riviera, and Connor Scialdone.



Scialdone punts



Dylan Edie hands off to Connor Scialdone.



Brody Turner and Chris Iandola form the line.

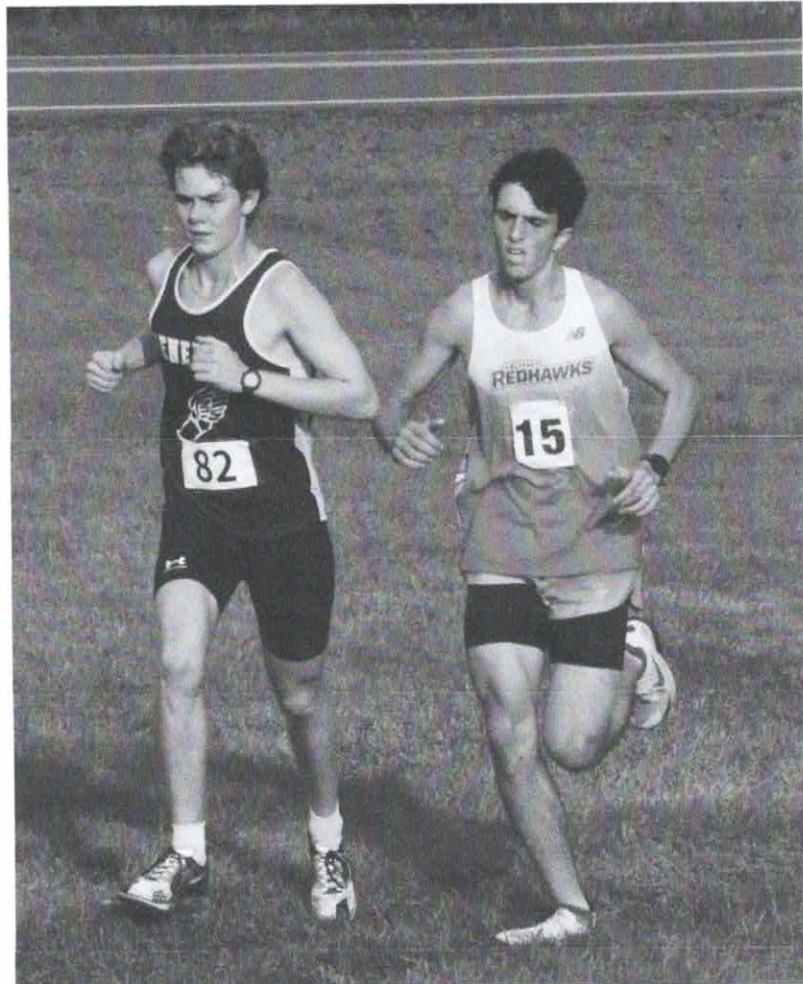
SPLIT DECISION

Cross Country

By: Leary

Wednesday at Woodsom Farm, the cross country team celebrated senior night! The boys took home a big win against four-time defending CAL champs Hamilton-Wenham 25-34, led by strong performances from several key runners. Breaking into the top three (and first on team) against the Generals strong top two, Senior Captain Ty Giangregorio cut the tape in a personal best 16:06, followed by a struggling Senior Captain Josiah Fugate (16:14) and Junior Harrison Sullivan (16:23). Sophomore stud Ben Clocher went sub 17 to keep the Redhawks rolling (16:57), while Junior Landon Mitchell locked down the win by coming in seventh (17:27). Hamilton-Wenham's third runner followed, then Amesbury's amazing six and seven Sophomore Leo Oakes and philosophical Senior Mather Sekelsky (18:21). The meet was not as close as the scoring implied, as four Amesbury non-scorers broke in before the rest of the Generals scorers. Next week, the guys look to put the CAL Baker on ice and stay undefeated away against Manchester-Essex.

The girls, on the other hand, were completely swept by the Generals.



Ty Giangregorio keeps pace with a generals runner.



Josiah Fugate places 4th but Amesbury wins the race.



Harrison Sullivan was 5th.

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BOYS WIN

Cross Country



Ben Cloacher runs a strong race.



Andrew Roberts runs up the hill.



Mather Sekelski keeps on running.

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GIRLS LOSE

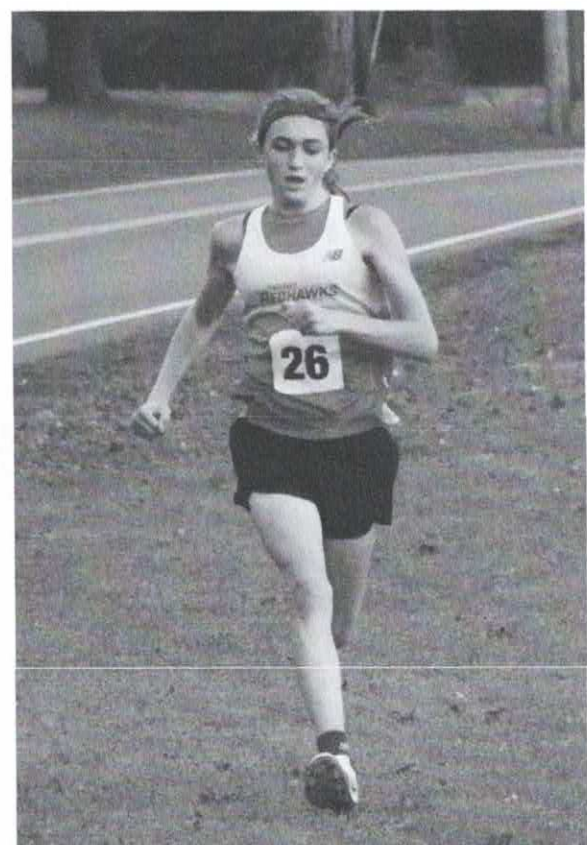
Cross Contry



Gemma Peacock keeps on running.



Juliette Cordes keeps running.



Seguin Weeks was the first Amesbury runner.



Seguin Weeks leads the Amesbury pack.

ALMOST THERE

Boys Soccer

Last Thursday, the Amesbury Boys Soccer Team took on Rockport in an important league matchup. Not only was it an important matchup but it was also senior night. In honor of the celebration of Brooks Linsey, Matt Way, Julian Sherwood, and Ethan Tenney, the boys came out hot. Derick Turcios would be the first to score just 5 minutes in. They would then hold onto the lead for the entire first half. After dominating the first half, the fellas would eventually cool down in the second half. They would concede an unlucky goal with 20 minutes to go. After a disappointing second half, they would come out with a tie. Although they tied, Amesbury Boys Soccer are the real winners as they are lucky to have these 4 seniors on their team.



Matt Way tries to score.



Brooks Linsey tries to steal the ball from the opponents



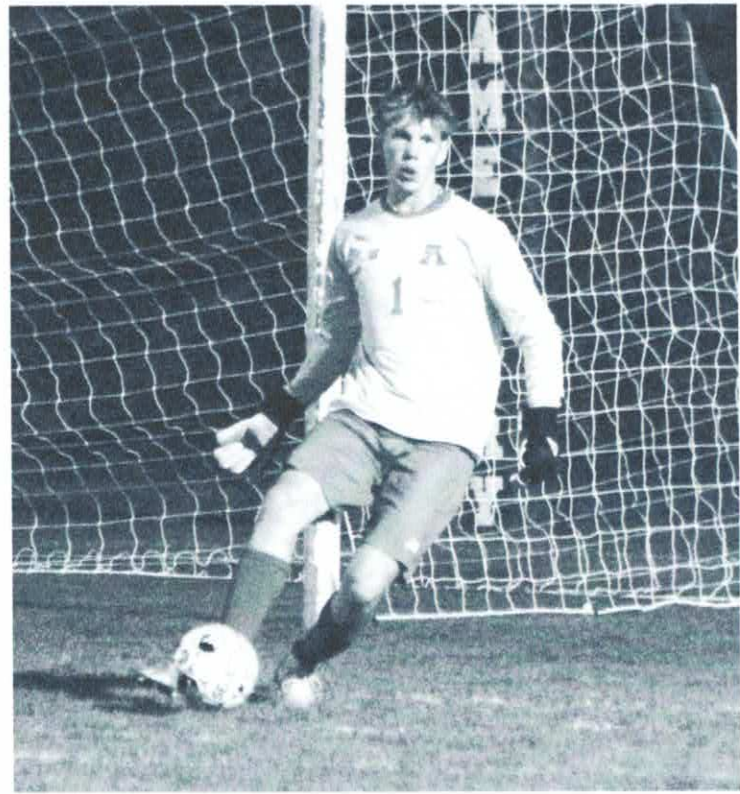
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GETTING BETTER

Boys Soccer (Cont.)



Julian Sherwood tries to score!



Teddy Hildi kicks the ball back to his team.



Derek Turcios runs to get the ball.



Julian Sherwood tries to get the ball away from the other team.

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NEXT UP, GEORGETOWN

Boys Soccer (Cont.)



George Haight runs to get a goal.



The team lines up to block the goal.



The team huddles to see what they should do next.



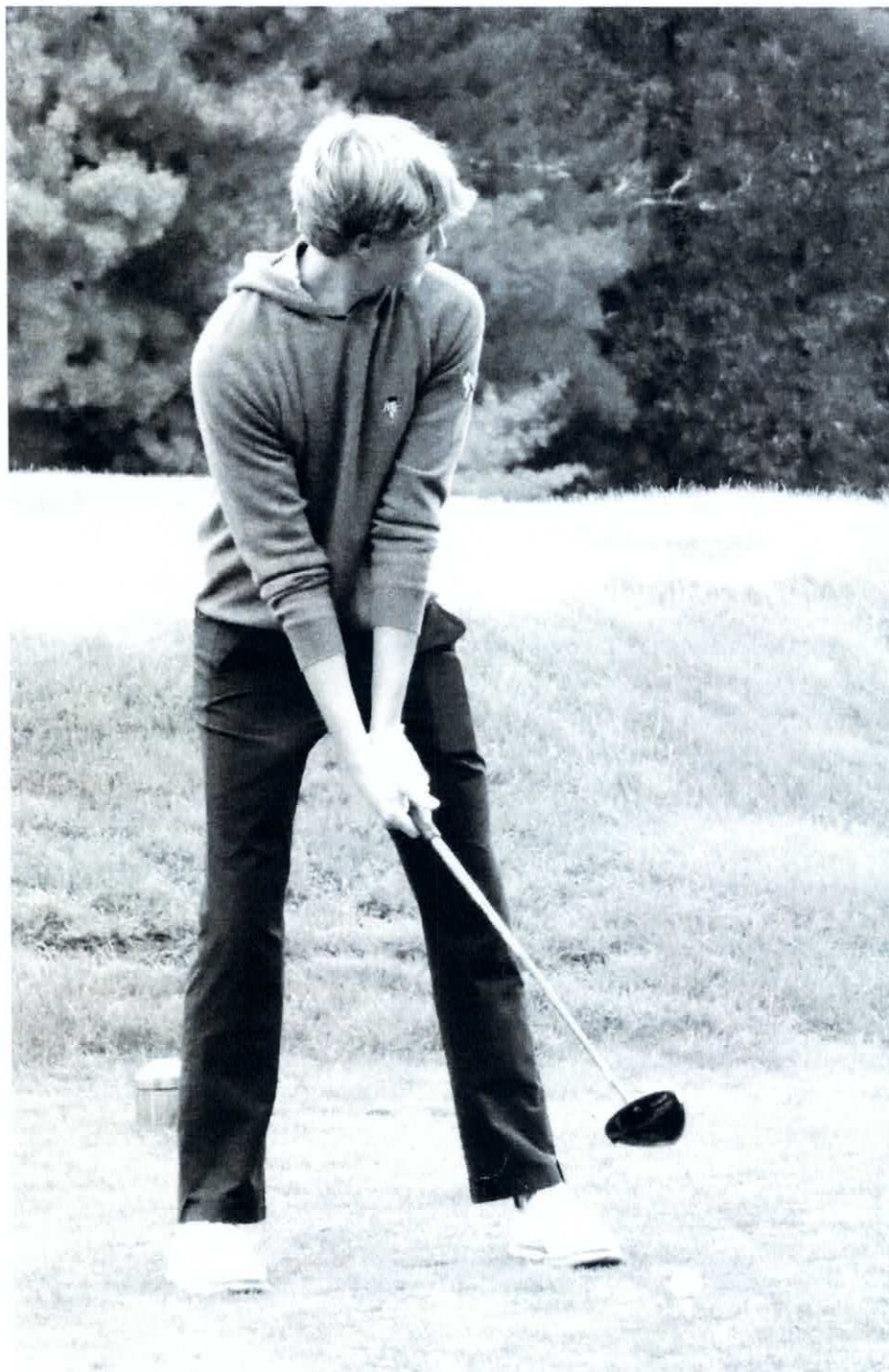
Teddy Hildi tries to get the ball away from the other team.

STARS OF THE SEASON

Golf

The golf team brought it's record to a phenominal 7-2 with a 123-165 victory over Pentucket Tuesday.

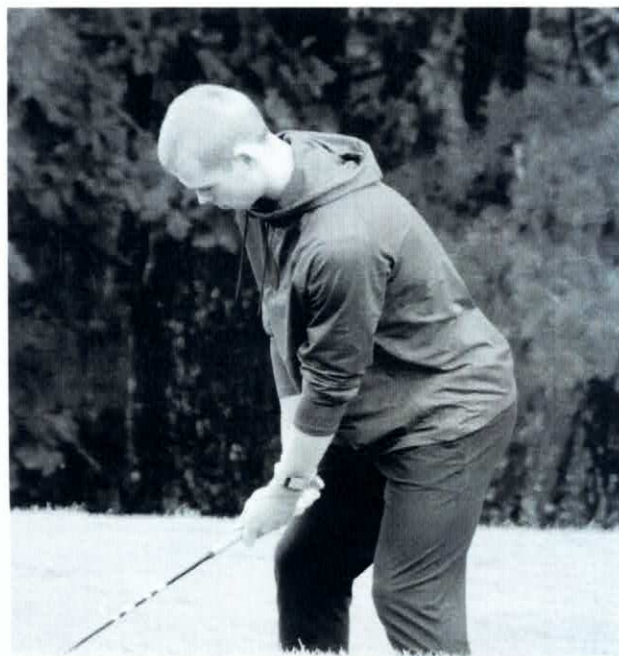
Golf senior night was scheduled for yesterday afternoon. Look for pics in next week's issue.



Nikki Creps tees off.



Jack Kusler warms up on the putting green.



Lincoln Kime tees off.

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A GREAT TEAM

Golf



Shawn Asselin practices puts.



Carter Peters watches where his ball lands.



Andy Bolth is ready to smash his ball.



Will Ouellet takes some practice swings.



Gus Headrick keeps his eye on the ball.

Horoscope

Aries

LIFE: You will confidently enter a room and immediately forget why you're there. Your grandma does that too.

SCHOOL/WORK: You remember how to do the test questions 6.2 minutes before the end of the period.

Taurus

LIFE: You are exhausted but can't sleep. You try to remember that sign about managing stress outside the guidance office.

SCHOOL/WORK: You'll say, "I'll do it later," with the confidence of someone who absolutely will not.

Gemini

LIFE: You will have three conversations with yourself and somehow lose all three arguments.

SCHOOL/WORK: You wander into the newspaper room after school looking for Ms. Catania. Big mistake. Once in you never get to leave.

Cancer

LIFE: Someone will hurt your feelings, but luckily you'll replay the interaction 75 times and invent better comebacks.

SCHOOL/WORK: Your notes will be beautifully organized despite containing absolutely no useful information.

Leo

LIFE: You will walk into a room, receive attention and pretend you're pleasantly surprised, until you find it's a boys soccer meeting.

SCHOOL/WORK: Your presentation will be 20% preparation and 80% "I'll just wing it."

Virgo

LIFE: You'll notice one tiny thing out of place. Rearranging your bedroom is much more fun than homework.

SCHOOL/WORK: Your to-do list will be longer after completing it than before.

Libra

LIFE: You'll spend 25 minutes deciding what to eat, then order your usual.

SCHOOL/WORK: You tell Leary you'll write an article for the newspaper. When she asked for it you tell her she'll have it tomorrow. Tomorrow is Friday. Oops.

Scorpio

LIFE: You say "I don't care" but actually you want to strangle the person who disagreed with your original plan.

SCHOOL/WORK: Your mysterious silence will convince people you're focused. You're actually falling asleep.

Sagittarius

LIFE: You can't find the notes for the test tomorrow. You suspect they may be under the empty pizza boxes but cleaning isn't your thing.

SCHOOL/WORK: You'll finish something at the last possible second and call it "working well under pressure."

Capricorn

LIFE: You can't possibly finish everything on your "to do" list. You stay home.

SCHOOL/WORK: You'll do everyone's job because apparently saying "no" is not in your software update.

Aquarius

LIFE: You'll have a brilliant idea at 2:17 a.m. and forget it by breakfast.

SCHOOL/WORK: Your math solution will be unnecessarily complicated, completely unconventional, and somehow work. The teacher is shocked.

Pisces

LIFE: Your Chromebook doesn't work but the office says they have no extras. You have a report due tomorrow. You write it in cursive.

SCHOOL/WORK: Your imagination will produce 14 fictional scenarios about an assignment you could have finished in 20 minutes.

RAIN, RAIN, GO AWAY

Weather

FRIDAY, OCTOBER 2:

63°-80°, 55% Precipitation, 74% Humidity, Winds 7-12 mph

SATURDAY, OCTOBER 3:

50°-67°, 25% Precipitation, 62% Humidity, Winds 2-9 mph

SUNDAY, OCTOBER 4:

47°-62°, 0% Precipitation, 73% Humidity, Winds 4-7 mph

MONDAY, OCTOBER 5:

47°-67°, 0% Precipitation, 69% Humidity, Winds 5-10 mph

TUESDAY, OCTOBER 6:

41°-55°, 0% Precipitation, 57% Humidity, Winds 5-10 mph

WEDNESDAY, OCTOBER 7:

39°-60°, 0% Precipitation, 62% Humidity, Winds 4-9 mph

THURSDAY, OCTOBER 8:

49°-66°, 45% Precipitation, 70% Humidity, Winds 6-13 mph



WHAT'S YOUR FAVORITE OF THE 13 COLONIES?

Roving Reporter

Norah C: Massachusetts

Tori W: New England Region

Josiah F: Pennsylvania

Zoey R: New York

Aiden N: Massachusetts Bay Colony

Robbie W: Massachusetts

Colby N: Massachusetts

Kenzie C: Virginia

Shelby M: Massachusetts

Abby L: Massachusetts

Kaia B: Massachusetts

Leo O: California

Andrew P: Massachusetts

Cece C: Pennsylvania

Jackson D: Massachusetts (+Maine)

Leary: Vermont





Today In History



- 1) In 1965, Gatorade was created by scientists at the University of Florida.
- 2) In 1835, Charles Darwin returned from his five-year voyage along the HMS Beagle.
- 3) In 1950, Charles M. Schulz's comic strip "Peanuts" was published for the first time.
- 4) In 1919, the U.S. President Woodrow Wilson suffered from a stroke.



Trivia



- 1) What states make up the 13 colonies?
 - 2) What state enacted the first written constitution?
 - 3) How many people were burned at the stake during the Salem Witch Trials?
 - 4) True or False: It was illegal in some parts of colonial America to skip church services on Sunday.
- 
- 



Amesbury Public Schools Educational Access Channel 8

Program Schedule Week of October 5, 2026

Monday, October 5th

5:00pm Amesbury School Committee Meeting -Recorded 9/28/26
7:00pm Amesbury School Committee Meeting -LIVE
10:00pm Whittier Tech School Committee Meeting -Recorded 9/9/26
11:30pm Information Bulletin Board

Tuesday, October 6th

6:00pm AHS Magazine Show -Show 86 -Guest: Former AHS Principal, Jerry Schrock (R)
7:00pm Whittier Tech School Committee Meeting -Recorded 9/9/26 (R)
9:00pm Amesbury High School 2026 Varsity Football vs Portsmouth -Recorded 9/25/26 (R)
11:00pm Information Bulletin Board

Wednesday, October 7th

6:00pm Behind the Brick Wall -Amesbury's Entrepreneurs -Show 11 "Morrill Electric & Lucy's Love Bus" (R)
7:00pm Amesbury High School 2026 Fall Sports Rally -Recorded 9/25/26 (R)
8:00pm Amesbury High School 2026 AEFI Hall of Honor Assembly -Recorded 5/9/26 (R)
9:30pm Amesbury High School 2026 Spring Concert -Recorded 5/6/26 (R)
10:30pm Information Bulletin Board

Thursday, October 8th

5:00pm Footprints -Amesbury's History from Those Who Have Lived It -Show 9 -Guest: Barb Leary (R)
6:00pm Around Amesbury -NEW! -Show 98 -Guest: Scott Winters
7:00pm Amesbury Educational Foundation 2026 Hall of Honor Induction -Recorded 5/9/26 (R)
9:00pm AHS Magazine Show -Show 86 -Guest: Former AHS Principal, Jerry Schrock (R)
9:40pm Information Bulletin Board

Friday, October 9th

5:00pm Behind the Brick Wall -Amesbury's Entrepreneurs -Show 11 "Morrill Electric & Lucy's Love Bus" (R)
6:00pm Amesbury Middle School 2025 "AMS Idol" Faculty Karaoke Show -Recorded 3/21/25 (R)
7:30pm Amesbury Middle School 2026 "AMS Idol" Faculty Karaoke Show -Recorded 3/6/26 (R)
9:05pm Amesbury Middle School 2026 Student Artist Recital -Recorded 3/9/26 (R)
10:05pm Information Bulletin Board

Saturday, October 10th

8:00am Amesbury Educates -Shows from the Archives of this Long Running Series (R)
9:00am Amesbury School Committee Meeting -Recorded 10/5/26
12:00pm Around Amesbury -Show 97 -Guest: Mayor Gove
1:00pm Footprints -Amesbury's History from Those Who Have Lived It -Show 9 -Guest: Barb Leary (R)
2:00pm Information Bulletin Board

Sunday, October 11th

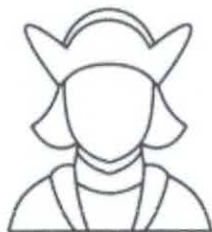
7:00pm From the Archive:
Amesbury Middle School 2013 Jazz & Art Night Concert -Recorded 3/14/13
8:30pm From the Archive:
Amesbury Middle School 2014 Jazz & Art Night Concert -Recorded 3/13/14
9:30pm Information Bulletin Board

YUM YUM

Lunch Menu

October Amesbury High School				
Monday	Tuesday	Wednesday	Thursday	Friday
 Chicken Bacon Cheddar Melt Served with Seasoned Spiral Fries 5	 <u>Taco Tuesday</u> 6 Two Crunchy Beef Tacos, cheese Sour cream, salsa Fiesta Rice	 Home made 7 Macaroni & Cheese Diced Buffalo or BBQ Chicken Seasoned Corn	 Meatball Sub 1 On a fresh Fantini Roll Served with Sweet Potato Fries	 French Toast Stic 2 Sausage Patty Home made Warm Apple Crisp
NO SCHOOL 12	<u>Taco Tuesday</u> 13 Chicken & Cheese Or Cheese Quesadilla Served with Rice & Beans	Home made 14 Chicken Broccoli Alfredo Served with a warm garlic breadstick	Bacon 15 Cheeseburger Lettuce, tomato, onion On a Fantini Bun Crinkle Fries	Tony's 9 French Bread Pizza Served with a Side Caesar Salad
 Chicken Nuggets 19 Cheesey Mashed Potatoes Fruit Salad	<u>Taco Tuesday</u> 20 Nachos With all the fixin's Served with Mexican Rice	Spaghetti 21 With homemade Meat or Marinara sauce Seasoned green beans Herb breadstick	Grilled Cheese 22 With or without bacon Campbell's Creamy Tomato Soup Goldfish Crackers	Chicken and Waffle 16 Bakers Craft Belgian Waffle Chicken Tenders Strawberries
Popcorn Chicker 26 Served over Caesar Salad With a warm Dinner roll	<u>Taco Tuesday</u> 27 Two soft beef tacos Cheese, lettuce, tomato, salsa, sour cream, mexican rice	Thai Pineapple 28 Chicken Fried Rice Choice of Vegetable Eggroll Or Dumpling	Turkey BLT 29 Club Served with Seasoned Waffle fries	Mozzarella 23 Filled Breadsticks With Marinara And a garden side salad
				Tony's 30 Deep Dish Pizza Served with a Corribean Side Salad

Also served Daily: Hamburgers, Veggie Burgers, Chicken Patty, Pizza, assorted wraps salads and parfaits
 All lunches served with fruit, vegetable and milk choices
 A la carte items sold separately



Top 5 Colonial Activities

1. Churning butter
2. Exiling witches
3. Duping tea into Boston Harbor
4. Powdering wigs
5. Yelling "The British are coming!"



THE BRITISH ARE COMING!



Word Search



Q L Y S Y C K Z Q L O K X S G O A K Y F
T H H E A S U G A R A C T Z S E P I H L
S H E K L F E X J F W C V D P N P N X H
T K O P E S E O B I J Y O A V B B G R I
A V H M X V Z P G R W K V U X O A G E M
M I T H A I M N K D L D W L Z S A E V C
P R J F N S S U M I H V O M K T I O O T
A G S K D T J Y B J Y T J J A O Z R L E
C I A M E F H E Q L V D E K Z N P G U D
T N R O R B P J F H A X T X D M Q E T S
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P A K K A C L Q J M E B O L L S P I O T
T V B B M R Q N F F P R X Y N S D I N E
L D U E I N Z W P H M H S D A A Y R N C
N R L P L H D Z D K G A S O Y C R U I G
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M R U U O M O A Y N Z F V Q F E L L O Y
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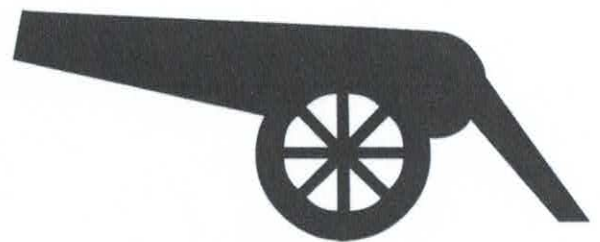
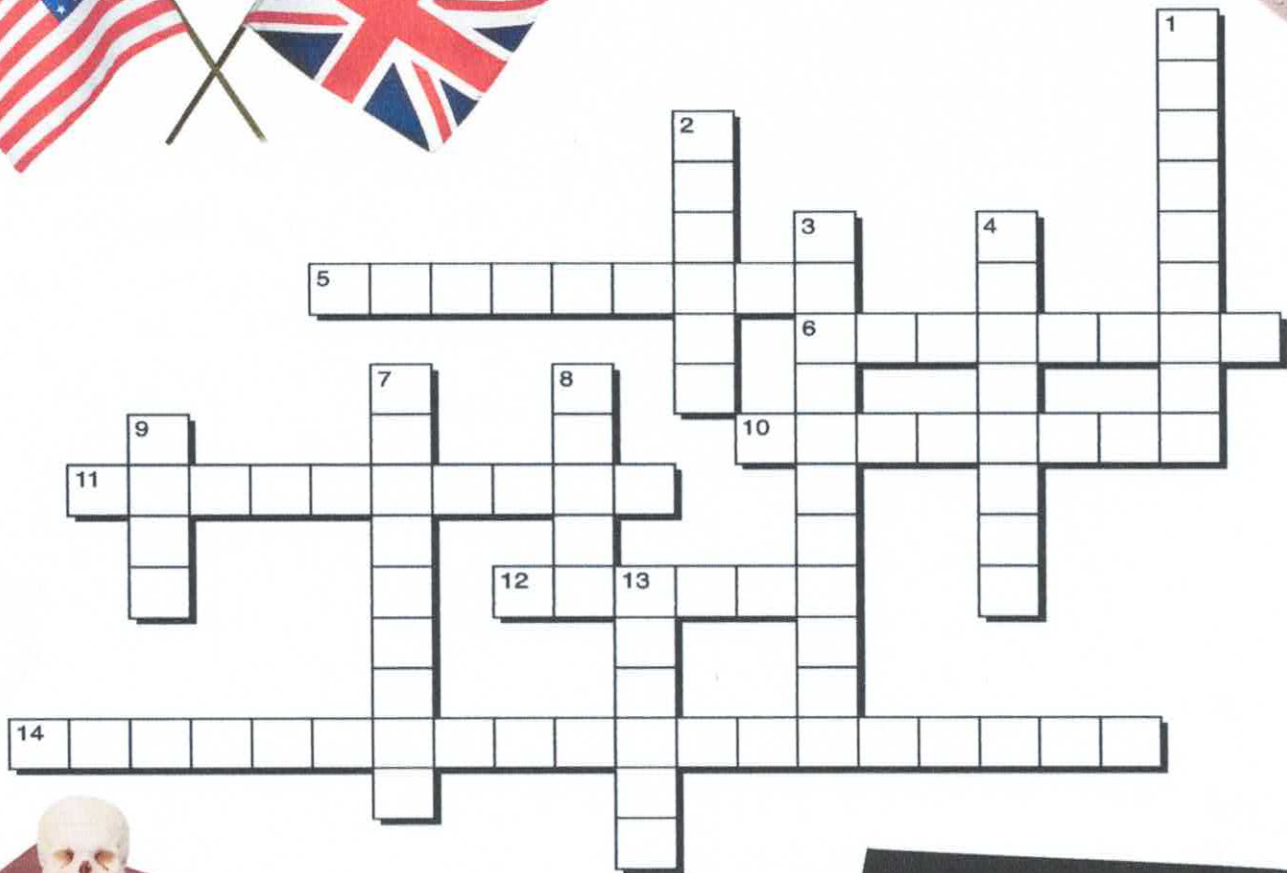
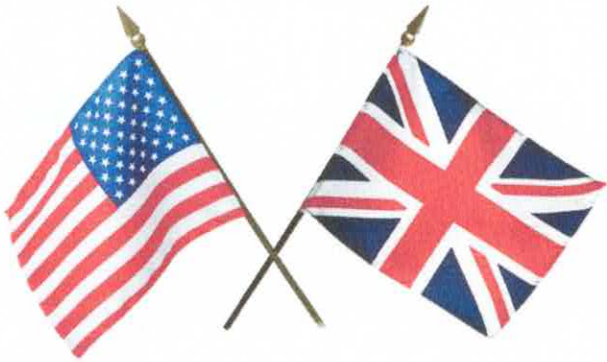


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|--------------------|------------------|-----------------|
| VIRGINIA | STAMP ACT | SUGAR ACT |
| ALEXANDER HAMILTON | KING GEORGE III | RED COATS |
| CONSTITUTION | THOMAS JEFFERSON | BOSTON MASSACRE |
| BOSTON TEA PARTY | REVOLUTION | |



DON'T THROW AWAY YOUR SHOT

Crossword



Clues

Across

- 5) In the eye of a...
 6) Legislative branch
 10) What is the name of the musical?
 11) The man with the plan, aka the first president
 12) The second song
 14) I was chosen for...

Down

- 1) Thomas ____
 2) Capital of NY
 3) ____ of independence
 4) Hamilton's real favorite Skylar
 7) Who wrote the musical?
 8) Rhymes with story
 9) Hamilton started America's
 13) The last name of Eliza and her sisters



JOIN, OR DIE

Sudoku



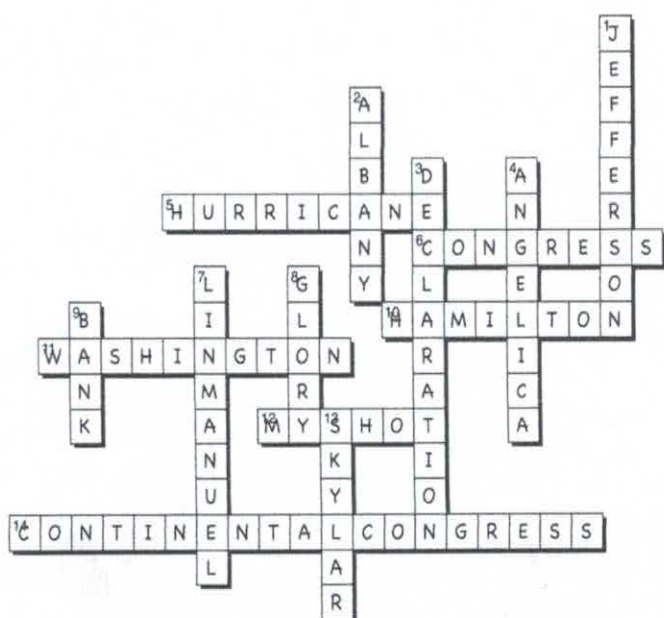
		5		6	7		8	
6		9	1		3	2		
8		2		9		6		1
3			4		8		6	
	5			2			3	8
					1	5	9	
	8	3		1	9	4		
		7	3		5			6
1							5	9



Time to Riot!



4	1	5	2	6	7	9	8	3
6	7	9	1	8	3	2	4	5
8	3	2	5	9	4	6	7	1
3	9	1	4	5	8	7	6	2
7	5	4	9	2	6	1	3	8
2	6	8	7	3	1	5	9	4
5	8	3	6	1	9	4	2	7
9	2	7	3	4	5	8	1	6
1	4	6	8	7	2	3	5	9



Trivia Answers...

- 1.) Massachusetts, New Hampshire, New York,
Rhode Island, Connecticut, New Jersey,
Pennsylvania, Delaware, Maryland, Virginia,
N. Carolina, S. Carolina, Georgia
- 2.) New Hampshire
- 3.) Zero
- 4.) True

